

Coaching

The Flying High Teaching School Alliance coaching offer is a one-to-one approach to professional development. It is designed to help ambitious achievers meet challenges with self-awareness and positivity. Coaches assist a broad spectrum of educational practitioners in maximizing their personal and professional potential. An effective coach will give you the support you need to move forward in your goals.

Benefits

Coaching will:

- ▶ Offer flexible support tailored to your needs
- ▶ Enhance your performance and effectiveness
- ▶ Help you reflect on the choices you make and enable you to make decisions for maximum impact
- ▶ Build your self-confidence and professional resilience

Important questions to consider are:

- ▶ What outcomes or performance improvements are you looking for?
- ▶ What are you prepared to put in to coaching in order to achieve these outcomes?
- ▶ How will you manage your time and energy in order to put into practice the corrective changes you have identified through coaching?
- ▶ How will you ensure your colleagues, friends and family will support you in your efforts to make long-lasting and emotionally profitable changes?

Structure and length

Most coaching sessions last between 60 and 90 minutes, but are designed to suit your precise needs in terms of structure, content, style of delivery and overall duration. There is a great deal of flexibility in coaching and it depends on your needs, personal preference and learning style.

Delivery method

The preferred coaching method is face-to-face but it can also be via telephone, Skype or similar.

Our qualifications and experience

Our qualified coaches are Graham Cullen and Julie Hemsley. Both are serving and experienced headteachers of two very successful schools. They have significant experience of coaching educational professionals and have undertaken extensive training which is fully accredited by The University of Chester and the International Coach Federation.

Costs

£200 per session or £1000 when purchasing a set of 6



Booking

To book your sessions, please email us at tsainfo@flyinghightrust.co.uk